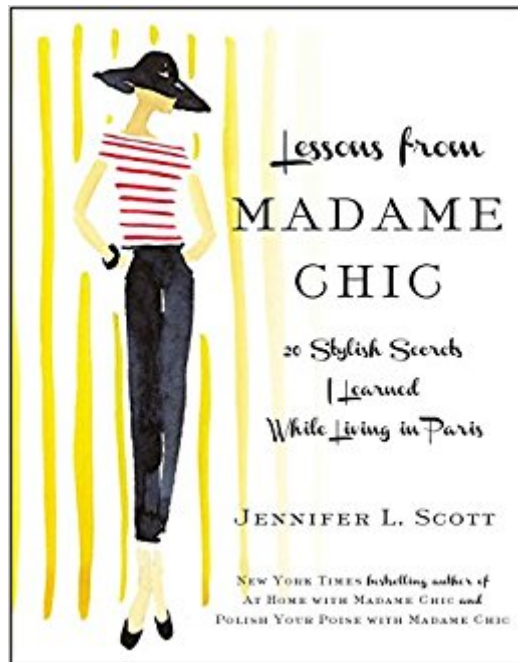


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# Lessons From Madame Chic: 20 Stylish Secrets I Learned While Living In Paris



## Synopsis

Inspired by Paris, this lighthearted and deceptively wise contemporary memoir serves as a guidebook for women on the path to adulthood, sophistication, and style. Jennifer Scott's self-published success is now a beautifully packaged and fully illustrated gift book, perfect for any woman looking to lead a more fulfilling, passionate, and artful life. Paris may be the City of Light, but for many it is also the City of Transformation. When Jennifer Scott arrived in Paris as an exchange student from California, she had little idea she would become an avid fan of French fashion, lifestyle, and sophistication. Used to a casual life back home, in Paris she was hosted by a woman she calls Madame Chic, mistress of a grand apartment in the Sixteenth Arrondissement. Madame Chic mentors Jennifer in the art of living, with elegance and an impeccably French less-is-more philosophy. Three-course meals prepared by the well-dressed Madame Chic (her neat clothes covered by an apron, of course) lure Jennifer from her usual habit of frequent snacks, junk food, sweatpants, and TV. Additional time spent with Madame Bohemienne, a charming single mother who passionately embraces Parisian joie de vivre, introduces readers to another facet of behind-closed-doors Parisian life. While Francophiles will appreciate this memoir of a young woman's adventure abroad, others who may not know much about France will thrill to the surprisingly do-able (yet chic!) hair and makeup lessons, plus tips on how to create a capsule wardrobe with just ten useful core pieces. Each chapter of Lessons from Madame Chic reveals the valuable secrets Jennifer learned while under Madame Chic's tutelage—tips you can master no matter where you live or the size of your budget. Embracing the classically French aesthetic of quality over quantity, aspiring Parisiennes will learn the art of eating (deprive yourself not; snacking is not chic), fashion (buy the best you can afford), grooming (le no-makeup look), among other tips. From entertaining to decor, you will gain insights on how to cultivate old-fashioned sophistication while living an active, modern life. Lessons from Madame Chic is the essential handbook for a woman that wants to look good, live well, and enjoy that Parisian je ne sais quoi in her own arrondissement.

## Book Information

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## Customer Reviews

Jennifer L. Scott's *Lessons from Madame Chic* is certainly a must-have for Francophiles, but it is also a wonderful resource for anyone who wishes to cultivate a more simply luxurious way of living. Through beautiful narrations, Madame Chic's lessons are shared in three different parts on the subjects of Diet & Exercise, Style and Beauty, and lastly, How to Live Well. Based on Scott's time as a foreign exchange student in Paris as a young woman, she is now a mother of two young daughters, happily married and living in southern California, so she converses with her readers from a relatable platform. Immediately upon reading it again, I was reminded of another author who shares her insights and tips on living well with inspiration from the French - Mireille Guiliano. Scott's tips are weaved skillfully into her experiences and time with Madame Chic and her Parisian family, so much so that you feel you are having a conversation with a trusted, yet wiser girlfriend. And the beauty of discovering her book was that it didn't have to end once I finished reading it. As the founder of the blog *The Daily Connoisseur*, readers are able to enjoy a regular dose of inspiration and YouTube video instructions on how to continually integrate the fine art of French living into their every day lives. The re-released edition of *Lessons from Madame Chic* (279 pages) contains the same content I initially raved about in my review in April, but is now adequately accessorized with illustrations found throughout the entire book from the talented artist and designer Virginia Johnson.

I enjoyed this book tremendously and found the chapters on skin care and makeup especially interesting to me personally. The author comes across as honest and candid about her feelings regarding her experience with French culture. Several things she says have also been discussed in Mireille Giuliano's books, so there is consistency. However, I could not help but think about how much easier it would be for Americans to have a better work-life balance if so many people I know didn't have to work overloaded jobs at 50 and 60 hours a week to keep from getting laid off, plus deal with 2-hour daily commutes, and bosses who complain vigorously if a person leaves one's

desk for anything more than a trip to the restroom or the company microwave to warm a frozen lunch, never mind a refreshing lunchtime walk. This is why we have gyms and home exercise videos, to replace what the French people get naturally in the course of a day's business. Also, it would be easy to turn out beautiful, gourmet meals and have an uncluttered house if the working women I know only had to work part-time like the lady of the house for the French host family of the author. The habit of the Frenchmen to pick up after themselves is a big help to the uncluttered look of a house, as well. How gallant of them. The big secret of the French weight control seems to be lots and lots of walking and stair climbing. We're just not set up for that. Things here are laid out in a spacious manner conducive to driving and many, many areas, both commercial and residential, are too dangerous to walk in, whether because of pit bulls, no sidewalks, or demographics. The neighborhoods compact enough to walk in for any food marketing are generally older, and simply not safe.

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